

TECHNICAL NOTES U. S. DEPT. OF AGRICULTURE NATURAL RESOURCES CONSERVATION SERVICE Portland, Oregon March 2008

PLANT MATERIALS No. 13

PLANTS FOR POLLINATORS IN OREGON Kathy Pendergrass, Plant Materials Specialist, NRCS, Portland, Oregon Mace Vaughan, Conservation Director, Xerces Society, Portland, Oregon Joe Williams, Manager, NRCS, Plant Materials Center, Corvallis, Oregon https://www.nrcs.usda.gov/Internet/FSE_DOCUMENTS/nrcs142p2_041919.pdf

Table 3: Perennial herbs and flowers for bees and other beneficial insects.

The plants suggested below are all commonly available perennial plants. These plants will generally do best in a full sun location and will require supplemental summer watering as most require medium to high water availability. Fertility requirements are generally medium to high so these plants will require good rich soils and supplemental fertilization to grow and flower well. Establishment of these plants may take a few years, but they will last for an extended period of time.

| Common Name | Scientific Name | Bloom Timing | Flower color | Visitors |
|----------------------------------|-------------------------------|---------------------|---------------------|------------------------------------|
| +Agastache, mint | <i>Agastache</i> species | Mid-late | Pink to purple | Bees |
| *Alyssum, perennial | <i>Aurinia saxitalis</i> | Mid-late | White to purples | Bees, hover flies |
| +Black-eyed Susan | <i>Rudbeckia</i> species | Mid | Orange and black | Bees |
| +Blanket flower | <i>Gaillardia grandiflora</i> | Mid-late | Orange and red | Bees |
| +Blue-beard | <i>Caryopteris incana</i> | Late | Blue | Bees |
| +Bluebells, scorpionweed | <i>Phacelia</i> species | Mid | Blue | Bees, |
| +Buckwheats | <i>Eriogonum</i> species | Mid | Cream, yellows | Bees |
| *Candytuft, globe or common | <i>Iberis umbellata</i> | Early-late | White, pink, purple | Bees, hoverflies |
| Cardoon, artichoke | <i>Cynara cardunculus</i> | Mid | Purple | Bees |
| +Cat mint, catnip | <i>Nepeta x faassenii</i> | Mid-late | Blue-purple | Bees |
| *Chicory | <i>Cichorium intybus</i> | Mid-late | Blue | Various predators and parasitoids |
| +Chrysanthemum (simple flowered) | <i>Chrysanthemum</i> species | late | Multi-colors | Various predators and parasitoids |
| *Cilantro, coriander | <i>Coriandrum sativum</i> | mid | White | Various predators |
| +Coneflower, purple | <i>Echinacea purpurea</i> | Mid-late | Pink to purple | Bees |
| *Crown pink (Rose Campion) | <i>Lychnis coronaria</i> | Mid-late | Pink - white | Bees, hover flies, parasitic wasps |
| +Daisy, Seaside | <i>Erigeron glaucus</i> | Early-mid | Blue | Bees, butterflies |
| Dusty Miller | <i>Centaurea cineraria</i> | Mid-late | Yellow | Bees |

| Common Name | Scientific Name | Bloom Timing | Flower color | Visitors |
|--|---------------------------------|---------------------|--------------------------|--|
| *Feverfew | <i>Chrysanthemum parthenium</i> | Mid-late | White | Bees, hover flies, various predators and parasitoids |
| Geraniums, scented | <i>Pelargonium graveolens</i> | Mid | Whites to pinks and reds | Bees |
| Globe thistle | <i>Echinops</i> species | Late | Blue | Bees |
| | | | | |
| Horehound | <i>Marrubium vulgare</i> | Mid | White | Bees |
| Hyssop | <i>Hyssopus</i> species | Mid-late | White, pinks to purples | bees |
| +Lavender | <i>Lavandula</i> species | Mid | Blues-purples | Bees |
| *Lovage | <i>Levisticum officinale</i> | Mid-late | Yellow | |
| *Lupine | <i>Lupinus</i> species | Early-mid | Purples | Aphidium, aphidoletes, hoverflies |
| Monch | <i>Aster frikartii</i> | Mid-late | Purples | Bees |
| +Mint (be careful that species selected are not weedy) | <i>Mentha</i> species | Mid-late | White, pinks, purple | Bees |
| +Onions, many species (be careful that species selected are not weedy) | <i>Allium</i> species | Early-mid | White, pink, purples | Bees |
| +Oregano | <i>Origanum vulgare</i> | Mid | Purple | Bees |
| *Parsley | <i>Petroselinum crispum</i> | Mid-late | Yellow | Parasitic wasps, hoverflies, tachinid flies |
| +Penstemons | <i>Penstemon</i> species | Mid-late | White, pink, red, purple | Bees, hummingbirds |
| *+Phacelia, tansy | <i>Phacelia tanaecitifolia</i> | Early-mid | Yellow | Bees |
| +Pincushion flower | <i>Scabiosa columbaria</i> | Mid-late | Pink to blue | Bees |
| +Purple coneflower | <i>Echinacea purpurea</i> | Mid-late | Pink-purple | Bees |
| +Purple toadflax | <i>Linaria purpurea</i> | Mid | Purple | Bees |
| +Rosemary | <i>Rosmarinus</i> species | Mid | White, pink, purples | Bees |
| *Rue | <i>Ruta graveolens</i> | Mid | Yello | Bees, mud wasps, para- |

| Common Name | Scientific Name | Bloom Timing | Flower color | Visitors |
|---|--|---------------------|--------------------------|---|
| *Rue | <i>Ruta graveolens</i> | Mid | Yellow | Bees, mud wasps, parasitic wasps, potter wasps |
| +Sage (be careful that species selected are not weedy) | <i>Salvia species</i> | Mid-late | White to purples | Bees |
| +Sea holly | <i>Eryngium species</i> | Mid | Blue | Bees |
| +Sedum, stonecrop | <i>Sedum species</i> | Early | White to yellows | Bees |
| +Squash gourd, pumpkin | <i>Cucurbita</i> | Mid | orange | Bees |
| +Spearmint | <i>Mentha spicata</i> | Mid | White | Bees |
| *Statice | <i>Limonium perezii. L. latifolium</i> | Mid-late | Purple | Bees, Hoverflies, Parasitic wasps |
| +Strawberries | <i>Fragaria species</i> | Early | White | Bees |
| *+Sunflower | <i>Helianthus species</i> | Mid-late | Yellows to reds | Bees, Pirate bugs, aphidius |
| +Thyme | <i>Thymus species</i> | Mid | White, pink, purples | Bees |
| *+Tickseed | <i>Coreopsis grandiflora cultivars</i> | Mid-late | Yellow, orange to maroon | Bees, hover flies, lacewings, lady bug beetles, parasitic wasps |
| Trefoil, birdsfoot | <i>Lotus corniculatus</i> | Mid-late | Yellow | Bees |
| *Western Yarrow (be careful – many weedy cultivars of yarrow) | <i>Achillea millifolia var. occidentalis</i> | Mid-late | White | Bees, Lacewings, aphidius, lady bug beetles, parasitic wasps |

* - particularly good insectary plant

+ - particularly good bee plant